

**Saturday 11 April 2015 – FREE Inspiring Talks Programme at the Tree of Life Festival!**

Time	Room 1	Room 2	Room 3
<b>10.00am Opening Ceremony in the main stalls hall</b>			
10.15 – 10.45am	<p><b>Loving Who You Are: Soul Alignment &amp; Self Acceptance</b>  <b>KAITLYN G. LYNDON</b> <i>Gifted Energy Worker &amp; Light Messenger</i></p> <p>This talk is about how Loving Who We Are (Soul Alignment &amp; Self Acceptance) relates to the Waking Up Process. Loving the self can feel like the hardest thing in the world for some to do, and yet there seems to be more and more talk about it and pressure to do just that these days. Why is that? And why do we find it so hard? This talk will also include either a brief meditation or exercise. I look forward to connecting with you on the day.</p>	<p><b>Wake Up Laughing</b>  <b>JOE HOARE</b>  <i>Co-author of 'Awakening the Laughing Buddha within' with the Barefoot Doctor</i></p> <p>When you generate your own laughter, you can beat back stress, ease anxiety and the 'blues', and boost your optimism, resilience and happiness. This improves your health, your relationships, and your overall wellbeing. You become more mindful, 'lighter' in spirit, connect better, and enjoy your life more.</p>	<p><b>Practical Self Healing</b>  <b>DAVID POLKINGHORNE</b>  <i>Healing that includes Acupressure</i></p> <p>An interactive presentation of simple, effective self-healing and self-help techniques that will encourage a broader perspective of life to empower you towards a more fulfilling future.</p>
<b>10.45am – 11am BREAK</b>			
11 am – 11.30am	<p><b>Star Gazing With Numerology</b>  <b>SONIA DUCIE</b>  <i>Bestselling Author of 11 Numerology Books, translated in to 14 languages worldwide</i></p> <p>Have you ever gazed at a painting on a wall only to be transported off to some other realm beyond conscious everyday existence? The room disappears, sounds vanish, even the picture blurs in your mind - suddenly you're at one. You've merged with the energy behind the physical and delved into the esoteric world of concepts. The life you create is from within. You can tap into this limitless light and life force that runs through you, and actively co-create a better life for yourself and others.</p> <p>Today you're going to go stargazing – to look at numbers with an open mind instead of projecting ideas onto them. You will get the chance to see life anew! Those potent number 1 to 9, and the</p>	<p><b>You - Yes - YOU Can Change Your Life</b>  <b>CAROLINE GIBBS</b>  <i>Life Coach, Writer &amp; Positive Thinker</i></p> <p>Sharing ideas and tips for Positive Change by sharing a little background of my own experiences and strengths and discoveries. Offering positive suggestions, routes, books, groups, positive speakers that have helped me to be in the wonderful position of holistic wellness I am in today. Should hopefully be lively, upbeat, colourful and humorous.</p>	<p><b>Vibrational Levels of the Soul</b>  <b>STELLA BROOKES</b>  <i>Kinesiologist and Soul Journey Practitioner</i></p> <p>How your vibrational levels impact on your own wellbeing and the wellbeing of those around you. The issues that can block you from Realising your true potential power to accelerate positive change in your own life and that of others</p>

	<p>Master Numbers 11, 22, 33....are calling you.</p> <p><b>Sonia Ducie Dip.CSN.AIN.</b> is at teacher with The Connaissance School and best selling author of 11 numerology books. She has been a professional Numerologist for 22 years.</p>		
		<b>11.30am – 11.45am BREAK</b>	
11.45am – 12.15pm	<p><b>High Frequency TRACEY ASH</b>  <i>Director of The Psychic School &amp; Awakening System Programmes</i>  My new book ANCIENT EGYPTIAN CELESTIAL HEALING published by Findhorn Press and Natural Spirit Japan, exploring science of consciousness, simple high frequency meditation, transformation and awakening technologies that change your world. This is for conscious individuals who wish to contribute to positive planetary and humanity change.</p> <p>Tracey is a PSI Science Institute Japan member and researcher of consciousness. She researches and writes about the genius connection between outstanding individuals and meditation technologies. Her current research project is on meditation and world peace. Since 1999, her school programmes and retreats are taught in UK, Japan, Italy, USA, Greece, Hawaii.</p>	<p><b>Be True to Yourself &amp; Find Real Happiness CHARLIE HOLLES</b>  <i>Horse Healer, Speaker &amp; Author</i>  What is life all about? Being true to your self is a mantra many of us live by in order to find fulfilment and happiness. What does it truly mean? How do you know you are really doing that? Charlie will share his remarkable life experiences and challenge you to look deep within. But it's not all serious stuff as we often learn most when we lighten up and have fun.</p>	<p><b>How Crystals Can Enhance Your Life &amp; Assist with Positive Life Change NATASHA CROMPTON</b>  <i>Intrinsic Therapies &amp; KaiAmea Crystal Therapist</i></p> <p>Spring Equinox celebrates new life and renewal. It is a time of transition, change and new beginnings. There are many crystals that can support us and used during this time. Come and find out how crystals can assist with positive life change and new opportunities. The talk will include a guided meditation and a free crystal.</p>
		<b>12.15pm – 12.30pm BREAK</b>	
12.30pm – 1.00pm	<p><b>Metatronic Healing® - A new approach to healing and awakening in new times CLARE GLENNON</b>  <i>Healer &amp; Teacher of Metatronic Healing®</i></p> <p>Clare Glennon introduces Metatronic Healing®</p>	<p><b>Finding Authentic You Again YOGEEETA MISTRY</b>  <i>Inner Mastery Coach &amp; Personal Development Guru</i>  Living a life that is not true to who you really are can leave you feeling out of alignment and</p>	<p><b>Eat-Think with Awareness MARKETTA BOLA</b>  <i>The Sexy Raw Food Goddess &amp; Intuitive Inner Guide</i>  5 years of organically incorporating raw living food into my lifestyle lots has changed and my love for beautiful, delicious and nurturing food evolved. It all</p>

	<p>and its authentic approach which dovetails both personal healing and awakening.</p> <p>There will be an opening meditation, a short overview and a deeper direct immersion with the Metatronic energies in a group healing.</p> <p>The Metatronic energies work uniquely for you whilst you are held in the graceful group field. The focus of the healing is personal for everybody present and all will be over light by Archangel Metatron.</p>	<p>incongruent. You want to change your life. But the question is: where do you start? Having embarked on my own life changing journey, in this short talk I will introduce to you how to rediscover and get back to the <b>real, authentic you</b> again.</p>	<p>starts with the awareness. The next step is to go to search and learn and the final step is about love, smile and practice. Let me share the sweet, inspiring and juicy living tips how to peacefully create synergy with today's challenges and healthful juicy living.</p>
		<b>1pm -2.15pm LUNCH BREAK</b>	
2.15pm – 2.45pm	<p><b>Wipe the Slate Clean</b> <b>IAN TUCKER</b> <i>Bestselling Author &amp; Inspirational Speaker</i></p> <p>Best selling author Ian Tucker invites you to consider that everything that comes in to your life is a lesson, a gift, and once accepted will liberate you rather than control and define you.</p> <p>He will introduce a very simple but profound approach that enables you to move through life and travel light, enabling you to enjoy each step and in turn your journey.</p>	<p><b>The 5 Types of Restlessness &amp; Calming the Mind followed by practical workshop of Calming the Mind</b> <b>RAJ FULCHAND</b> <i>Teacher of Yoga Meditation &amp; The Art of Happiness</i></p> <p>Talk will consist of a talk on the five types of restlessness / the four sources of energy and how to enhance happiness levels easily and naturally. The Later part of the talk will be a short practical workshop to calm the mind.</p>	<p><b>What Are You Doing?</b> <b>MIGUEL DEAN</b> <i>Inspirational Coach &amp; Author</i></p> <p>In this powerful talk Miguel will share what he has been doing and you may be surprised! He will share his amazing journey and how together with the Wrekin Trust team he is now working passionately to facilitate change with those committed to the transformation of society. As well as being inspired, listeners will leave empowered and armed with a powerful tool for personal and planetary transformation.</p>
		<b>2.45pm – 3pm BREAK</b>	
3pm – 3.30pm	<p><b>Get Your Message Out!</b> <b>BECKY WALSH</b> <i>The Stand-Up Intuitive &amp; Hay House Author</i></p> <p>Do you have a desire to make a difference in the world, but find yourself falling into a gap between - heart, head, mouth, pen, Yikes! Overwhelm! Engage brain!!!.... Disconnect! Or just simply where do I start?!</p>	<p><b>Don't call me Vinny!</b> <b>A Practical Guide to Becoming the Strongest Version of You</b> <b>VINAY PARMAR</b> <i>Leading UK Motivational Speaker</i></p> <p>If I asked you "Who are you?" How would you answer? Your name? What you do for a living? Something more abstract?</p>	<p><b>Swedenborg &amp; Unlocking the Bible Code</b> <b>ROBIN WOOLDRIDGE</b> <i>Teacher of work of Emauel Swedenborg</i></p> <p>Unlocking the Bible Code – an introduction to the science of correspondences</p> <p>The Bible contains parables - yet the Bible itself is a parable. The science of correspondences unlocks the inner spiritual meaning of the Bible revealing a spirituality which is in harmony with science and</p>

	<p>Now is the time to get your message out whilst creating a life and a career you love. In this mini workshop, you will learn how to be clear on what you were born to creatively express and make some money at it too. Bring paper and pen and let me, Becky Walsh do the work by engaging your brain into the clarity you're looking for.</p> <p>Becky Walsh - Hay House author, past radio presenter for LBC now pundit for BBC, film maker, TV host of 'Becky's Life Hacks,' Huffington post and Psychologies magazine blogger. Becky's teaching effortlessly blends her unique humour with groundbreaking, smack-on-the-forehead insights that put YOU in control of your own life. Becky's new erotic fiction novel 'Cupcakes and Coffee' is now out, under the pen name Rebecca Stone.</p>	<p>All of those are just a version of who you really are. The real you lies deep within. In this talk I am going to share my process to becoming the strongest version of you, which will enable you life with greater happiness, fulfilment and success.</p>	<p>universal in its outlook. Revealed to the world by Emanuel Swedenborg some 200 years ago, the science of correspondences will transform the way you look at the Bible and indeed yourself.</p>
		<p><b>3.30pm – 3.45pm BREAK</b></p>	
<p>3.45pm – 4.15pm</p>	<p><b>Healing Tools of NLP For Everyone</b>  <b>PHIL PARKER</b>  <i>Creator of the Lightning Process &amp; Master NLP Trainer</i></p> <p>Simple and effective tools you can rapidly use to create you own healing journey. Phil is one of the world's few Master trainers of NLP and the Designer of the Lightning Process. No previous experience of NLP (a guide to how our mind works)</p>	<p><b>The Goddess Energy of Transformation &amp; Empowerment with Transference Healing®</b>  <b>DAWN JOHN</b>  <i>Teacher of Transference Healing®</i></p> <p>In this workshop you will learn all about the power of transformation through the Goddess frequencies of Transference Healing®. Transference Healing® is a seventh dimensional frequency healing ascension modality, which works with both the Lightbody &amp; Alchemy. Learn how you can become more spiritually empowered, by opening up your psyche &amp; learning how to run energy to maintain a sense of balance, wellness &amp; self mastery. As we enter into the Seventh Golden Age, it will become more important to manage our energy so that we can manifest and co create our new higher reality. In this presentation you will have the opportunity to experience the profound frequencies of Transference Healing® as the energy will be run on the group for divine healing</p>	<p><b>The Wind Beneath Your Wings</b>  <b>JULIAN FREEMAN</b>  <i>Author of 'Life Beyond Money'</i></p> <p>There is a power that brought you here. You don't see it..its a feeling, a guide, a power. This talk is a precious time for you to come and remember and tune into who you really are and get a new sense of something fundamentally simple yet powerful that is with you in every moment, bringing you everything you need. Time feel that power as it buoys you up and carries you forward. Julian has spent the last 5 years developing his own understanding and this year he's in a really great place to help you see more of who you really are. Join him for this instant workshop..ruffle your feathers and get ready to fly:-)</p>

		& spiritual empowerment.	
		4.15pm – 4.30 pm BREAK	
4.30pm – 5.00pm	<p><b>The Power of Asking Why</b>  <b>JOGINDER SINGH BOLA</b>  <i>Director of Tree of Life &amp; Inspired Holistic Business Teacher</i></p> <p>The ‘why’ we began the Tree of Life with 7 years ago still brightly leads us today as with hold the energy for the spiritual gatherings here and invite the speakers each year to come to Birmingham.</p> <p>The reason why you do something is fundamental, it’s the ground on which you stand. It’s the power from which you find strength and direction. It’s a guiding light in all the actions you take. It’s the underlying energy and vibration which then goes into everything you do. And it’s that vibration which will then attract to it the people who resonate with what you’re doing.</p> <p>So why don’t you ask yourself now the same question ‘<i>Why do you do what you do?</i>’. <i>What drives you? What is your why?</i> It’s one of the most important questions you can ever ask. Take some time to see what comes up in response.</p>	<p><b>Into the Light – A Journey of Self-Discovery</b>  <b>JERRY SARGEANT</b>  <i>Founder of Maximum Life &amp; author of ‘Into the Light’</i></p> <p>Jerry will share with you his inspirational journey. How he came from a life of darkness, broke free and ventured Into the Light, where he discovered the gift to facilitate healing at a distance. Connecting to a higher energy field using Sacred Geometry and Egyptian Hieroglyphics, Jerry can harness a powerful energy (Star Magic) that allows him to channel and heal through ‘Pure Consciousness’ with amazing results. Healings can be for your physical or emotional health, financial or spiritual well-being as well as for relationships of all kinds. All dis-eases are eliminated at the causal level and a profound increase in energy and creativity is often experienced. Jerry’s mission is to share Star Magic with the world.</p>	<p><b>Why is Nutrition Confusing?</b>  <b>HELEN GALLIMORE McLAUGHLIN CMN Dip</b>  <i>Naturopathic Nutritionist</i></p> <p>Food for thought. Learn why we have forgotten how to eat.</p> <p>Good nutrition is not low fat, its not low calorie, its not restrictive, its not about being hungry or feeling deprived. Its about nourishing your body with real, whole foods so that you are consistently satisfied and energised to life life to the fullest.</p> <p>This talk is run by Helen Louise Gallimore Mclaughlin, Helen is a qualified nutritional and specialist massage therapist. Using her experience and knowledge she aims to support individuals towards their life goals whether these be around health, work or play. She has a passion for sustainable living and delicious food with a focus on helping people gain control of their lives, making everyday count.</p>

4.30pm – 5.00pm	<b>The Power of Asking Why</b> <i>JOGINDER SINGH BOLA</i>	<b>Into the Light – A Journey of Self-Discovery</b> <i>JERRY SARGEANT</i>	<b>Why is Nutrition Confusing?</b> <i>HELEN GALLIMORE McLAUGHLIN CMN Dip</i>
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